



Anti-Bullying and Harassment at IH Manchester

✦ Our Promise to You

At International House Manchester, we want all students to feel **safe and respected**. Bullying and harassment are **not allowed** at our school. This includes classes, online lessons, and school activities.



➤ What Is Bullying?

Bullying is when someone hurts another person on purpose.

Bullying can be:

- **Emotional** – ignoring someone, leaving them out, spreading rumours
- **Physical** – hitting, pushing, or taking someone's things
- **Verbal** – insults, name-calling, or unkind jokes
- **Online** – sending or posting hurtful messages, photos, or videos

Bullying can happen **in school, online, or outside school** if it is connected to school life.





What Is Harassment?

Harassment is **unwanted behaviour** that makes someone feel **uncomfortable, scared, or upset**.

This behaviour may be about:

- race or nationality
- religion or belief
- gender or gender identity
- sexual orientation
- disability
- age

Sexual harassment

includes:

- unwanted comments or messages about sex
- unwanted touching
- sending or sharing sexual pictures or videos

What Behaviour Is Not Acceptable?

At IH Manchester, this behaviour is **not OK**:

- racist, sexist, homophobic, or offensive comments
- jokes that hurt or upset someone
- unwanted physical contact
- online abuse or bullying
- threats or aggressive behaviour

If someone feels hurt or upset, it is **not a joke**.





➤ What Should You Do?

If this happens to you, or you see it happening to someone else:

- ✦ talk to a **teacher**
- ✦ speak to the **Welfare Manager**
- ✦ speak to the **Principal**
- ✦ or send a message and ask for a private meeting



You do **not** need proof to ask for help. We will listen and try to help you.

➤ What Will the School Do?

The school will:

- listen carefully
- support the people involved
- look at what happened
- take action if needed

Bullying and harassment are taken **seriously** and may lead to **warnings or exclusion**.

➤ Remember

- You have the **right to feel safe**
- You will **not get into trouble** for asking for help
- Talking to someone is the **right thing to do**

If you are not sure if something is bullying or harassment, **please talk to us anyway**.

